## BJHS GIRLS BASKETBALL EXPECTATIONS 2022 SEASON

## PRACTICES:

- Practices will be after school from 2:45-5:00 Monday - Friday and Saturday mornings. Practice times could change once other activities begin. A change notice will be announced at that time. Saturday practices times:
- 8-10am
- All players are expected to attend all practices. If a player is unable to attend a practice, a signed note from a parent or legal guardian must be given to the coach explaining the absence.
- Any conflicting extra-curricular activity must be discussed ahead of time with the student and coach.
- Athletes should be dressed and ready to begin practice on time. Those who arrive late will be expected to provide a note from a teacher, counselor or parent addressing the tardiness. Any unexcused tardiness will result in extra conditioning or drill exercises. The duration will not be in excess of 15 minutes. The result of any unexcused absences will be the loss of the next scheduled game.
- Practice Attire: Athletes must have proper practice attire to participate in practice. Failure to be properly dressed, will result in unexcused absence.
- Gym shorts, T-Shirt (no thin strapped tank tops allowed), athletic shoes, sports bra
- Water Bottle

All school activities, teacher/student meetings, additional tutoring and doctor appointments are excused and will not be held against the student athlete.

Practices are closed to parents/family/friends etc.

## CODE OF CONDUCT

All athletes at BJHS are required to honor the school district's rules of behavior. No drinking of alcoholic beverages, smoking tobacco, fighting, stealing or police arrests will be tolerated. Player(s) found participating in this behavior will be subject to a 90 -day suspension from athletic activities or possible dismissal from team.

## GRADES

- In order for a student to be eligible to participate in a school-sponsored sport, all grades earned must be higher than an " $F$ " for that week - an " $F$ " is considered any overall grade for a class that is $59 \%$ or lower.
- Eligibility will be submitted by 3:00 pm on Friday. The eligibility period will be for the following Monday through Saturday.
- If marked ineligible, students may sit at practice and complete school work and will sit on the bench (not dressed in uniform) with the team for games; they are not permitted to play.
- If a student is ineligible three (3) times throughout a season, that student will be removed from the team/activity.
- Athletes must dress for PE at all times during the season. Failure to participate/dress in PE will result in unexcused practice for that day. If there is a no dress situation on a game day, the athlete will not play in that day's game.


## SPORTSMANSHIP

All players are expected to show good sportsmanship in practices and games. Athletes are to adhere to the rules of the game and the referee's call. There will be no arguing with the referees, fighting or retaliation towards an opponent. Per the IESA rule, any athlete that is ejected from an event must be removed from play for one game. Failure to adhere to these rules will also result in possible discipline from BJHS coaching staff and possible dismissal from team.

## ATTITUDE

Every athlete is expected to display a positive attitude in practices and in games. Be willing to accept instruction from coaches and follow through with what is asked. All players will conduct themselves in a respectful and appropriate manner to their coaches and fellow teammates at all times. All players should cheer for their teammates from the bench and stands while encouraging them to do their best.

## PLAYING TIME

Playing time will not be equal. Minutes on the court will be distributed by skill level and game situations. If a parent has questions concerning their daughter's playing time; the coaches ask that the player approach the coaching staff first. If your questions are not answered, then a meeting can be set up. We ask that you allow 24 hours to pass following a game before scheduling a meeting.

## UNIFORMS

Uniforms will be provided by the school. The uniforms are the responsibility of the student during the season. Each student will be responsible for bringing their uniform to each game. If a uniform is left behind for an away game, the person will not dress for the game unless a parent or guardian has it to the student before the start of the game. Each player is responsible for washing of the uniforms at their own expense. Please read the wash instructions.

## TRANSPORTATION

Transportation is provided to and from for all away games out of town. For away games in the Bloomington/Normal area, transportation will be provided only to the game. The parents will be responsible for transportation after the game. All players are required to use the bus transportation provided by District 87. Exceptions to the rule will be accepted with a written note by the parent or legal guardian and signed by the principal. The note must be given to the coaches prior to departure. Parents that will be driving their daughter home after out of town away games can only take their own child. Parents/guardians are expected to provide players with transportation home from all practices and games.

## PARENTS/FANS

Parents and fans are expected to behave in an appropriate manner during games. Accept the officials call even if you may believe otherwise. Please reframe from yelling or shouting instructions to the girls as this will only confuse them on the court. We will ask that you cheer and root for the girls for positive reinforcement. Remember, we are all representing BJHS.

Thank you for taking the time to read through the expectations. I hope it answered all of your questions. If you do have further questions regarding the girls' basketball program at BJHS, feel free to contact us.

Thank you,
Coach Rich Rector- grmr@frontier.com
Coach Kelsi Scott - Kelsi.scott1998@yahoo.com
Coach Yaklich - yaklichj@district87.org
I have read and understand the expectations of being a member of the girl's basketball team.

Parent Signature: $\qquad$
Player Signature:

